

Minutes 2020 AGM - Toward Balance Support Group - Sunday, January 12, 2020

Gary Pearson, Frank Smith, Herb and Katie Probst, Sheeva Qaaboos and Andrea Percy

1. Welcome and go around - news of new eyes, 80th birthday, travels, “Blue” Community proposal, changing careers and relocations, new baby and house, sons etc.

2. Minutes of the 2019 AGM - Moved Katie; Seconded Gary accepted by consensus.

3. Review and Discussion of 2019 - United Way Community Gardens experience growth with visits by school groups and the resulting documentary with Owen participating. Trillium grants to provide funds for the Active Again programs are extended. Fenelon Falls has the most popular Pickle Ball, as well as Nordic Pole Walking, Zumba, Yoga and Curling programs in place. Funds are allocated for equipment and training. This is a joint venture with partners such as The Boys’ and Girls’ Club, United Way, the Sports and Recreation Council and CKL. Grants make the programs more affordable (approximately \$70. for 24 one hour sessions). There is an ‘Early Learning’ initiative aimed at increasing the Physical Development of 3, 4, and 5 year old children in order to increase their readiness for learning. Many have been instrumental in making ‘intentions’ into reality. Use of Social Media such as Twitter, Tweet, Facebook etc. is encouraged along with print media and radio ads. Communicating successfully is essential.

4. Treasurer’s Report 2019 ... closing balance \$682.15 - see enclosure for details. Frank hoped to use some money to develop a program to supply healthy lunches for children but also to teach them to plant and harvest healthy food. He enlisted the help of Heather Brooks-Hill to present the idea for this sustainable program to a Curve Lake elder, Dorothy Taylor. Donations accepted but the teaching/learning piece is rejected.

5. Suggestions and news for 2020: 1. Continue to pay mileage and pay registration fees for members to attend workshops. Members hope to be more involved in these in 2020. 2. A new program, ‘Maker Space’ empowers youth to understand how to have their ideas work. This is a free drop-in program for ages 11 to 25 housed on Adelaide St. Lindsay. Libraries in the area are also hosting and encouraging Community Programs. 3. We paid our membership dues. We will continue to look after our environment and each other in the coming year.

7. Election of Officers - President - Gary, Treasurer - Frank, Secretary - Katie, Directors - Nicole, Sheeva and Herb (new).

8. Motion by Katie, seconded by Andrea that Gary and Frank continue as signing officers.

Adjourned at 2:45. Frank, Herb and Katie stayed for social time.

